

# Ephesians Life Ministries

Presents a

## One Day Seminar



FROM **SHAME**

TO **GLORY**



with

**Kathryn Chamberlin, LCSW-C**

**Saturday, September 26, 2009 9:00 a.m. - 3:30 p.m.**

Fourth Presbyterian Church  
5500 River Rd  
Bethesda, MD 20816

In this popular seminar, Ms. Chamberlin presents a blend of theology and psychology to:

- ◆ describe the experience of shame
- ◆ relate shame to perfectionism, integrity, creativity, and inferiority
- ◆ differentiate shame from guilt
- ◆ specify shaming family behaviors, and
- ◆ identify shame-avoiding behaviors.

You will learn:

- ◆ To identify and assess your shame
- ◆ To clarify God's heart toward you
- ◆ Why shame and guilt require very different responses
- ◆ How shame-avoiding behaviors are generational transfers of shame
- ◆ Why the "shuds" are ungodly
- ◆ The idolatrous part of shame

**\$45/person & \$70/couple by September 15**

**\$55/person & \$80/couple after September 15**

**Bring a lunch or order a box lunch (\$10) when you register**

**CEU's available, \$10 fee**



**Rooted in God  
committed to your healing**

**Call Ephesians at 301-439-7191 to register.**

Ephesians Life Ministries, 1620 Elton Rd., Suite 204, Silver Spring, MD 20903  
301-439-7191      [www.ephesians.org](http://www.ephesians.org)      [Ephesians@Ephesians.org](mailto:Ephesians@Ephesians.org)  
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